

VCCL Results - Meg Deane

Member number: 297

Races: 14; Wins: 1 (7.1%); Top Ten: 9 (64.3%)

Active from 2017 to 2026

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
10/09/2017	Presidents & Ted Paulin Handicap	19	3	12:59	30	3:00		9:59	1:57	4:20
07/05/2023	AV Road Race	2	10	39:57	30	9:10		30:47	0:07	4:00
08/07/2023	AV Road Relays	1	6.2	24:15	30	5:50		18:25	0:00	3:55
22/07/2023	AV Cross Country	6	10	42:55	30	9:10		33:45	1:47	4:18
19/08/2023	AV Ekiden Relay	2	5	21:43	30	4:30		17:13	0:42	4:21
16/09/2023	AV Relays	1	3.827	14:19	30	3:35		10:44	0:00	3:44
13/07/2024	Albert parkrun	8	5	24:57	29	4:25		20:32	5:34	4:59
07/06/2025	XCR Jell Park Relays	9	6	24:54					5:55	4:09
15/06/2025	XCR Albert Park 5km	9	5	19:19					4:43	3:52
28/06/2025	XCR Sandown Relays	8	6.2	24:34					5:23	3:58
27/07/2025	XCR Lakeside	9	10	40:11					9:42	4:01
10/08/2025	XCR Lake Wendouree	8	15	1:07:52					19:41	4:31
10/05/2026	XCR Lakeside:5	14	5	18:50					4:41	3:46
16/05/2026	XCR Jell Park Relays	16	6	24:30					6:04	4:05